



*Military Families
Strength Behind
the Uniform*



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We're working with families...

Welcome to the Gagetown Military Family Resource Centre

We recognize that families come in all shapes and sizes. The Gagetown Military Family Resource Centre (GMFRC) is here to work with you and your family. If you are in the Canadian Forces or if you are the spouse, partner, parent, or child of a CF Member, the GMFRC is for you. Whether you are new to the area or have lived here for a long time, you will enjoy the many programs, activities and special events available to you and your family.

Vision Statement

"Resourceful, resilient military families in a supportive community."

Mission Statement

"Promote and facilitate community-based services and resources that strengthen military families and communities."

Who We Are

The GMFRC is a not-for-profit, organization dedicated to enriching the quality of life for Military Families. A Volunteer Board of Directors comprised of a minimum of 51% military spouses, CF Members and Ex-Officio members govern our organization. The Centre's main source of funding is provided through a partnership with the Director of Military Family Services (DMFS) and CFB Gagetown. Additional funding is realized through user fees, donations, fundraisers, federal and provincial grants and contributions from our community.

Personal Development and Community Integration

Welcome and Community Integration

- Welcome Program
- Posting Education

Information and Referral

- Monthly Activity Calendars
- Oromocto Community Guide
- Resource Library

Employment and Education Assistance

- Job Search support
- Resume writing
- Interview preparation
- Self-employment information and referral
- Education and training information

Personal Growth and Development Programs

- Educational
- Self Care & Self Improvement Workshops
- Leisure Programs

Second Language Services

- English and French Classroom Instruction
- Rosetta Stone On-line Language Courses (French and English)

Deployment and Family Support

- Children' & Adult Deployment Program
- Pre-Deployment & Reunion Briefings
- Deployment Childcare
- Overseas Mail Drop-Off Location
- Outreach services to Reserve Units

Volunteer Leadership and Community Involvement

- Board of Directors
- Volunteer Placements
- Orientation, Training & Skill Development
- Recognition Activities
- Youth Volunteer Leadership Team

Child and Youth Development and Parenting Support

- Early Childhood Programs
- Children's Programs
- Casual Child Care
- Full and Part time Child Care
- After School Program
- March Break and Summer Day Camps
- Youth Center Pre-teen & Teen Programs
- Emergency and Emergency Respite Child Care
- Parental Education and Support

Prevention, Support and Intervention

- Education and Prevention Programs
- Self-Help Groups
- Assessment and Referral
- Short-Term Counselling and Crisis Support

Family Liaison Program

If you are supporting an ill or injured CF Member with recovery, rehabilitation, or reintegration on return to service or transitioning through the release process, you may benefit from some of these services offered:

- Referrals to mental health services for Adults and Children
- Access to educational/prevention-based programs in the community
- Short-term individual or group support for families
- Outreach support to families within the Gagetown area as well as referral to other Family Liaison Coordinators across Canada
- Emergency and Respite Child Care Services designed to meet the unique needs of Military Families

Canada